

Generation of the epicardial lineage from human pluripotent stem cells

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The epicardium supports cardiomyocyte proliferation early in development and provides fibroblasts and vascular smooth muscle cells to the developing heart. The epicardium has been shown to play an important role during tissue remodeling after cardiac injury, making access to this cell lineage necessary for the study of regenerative medicine. Here we describe the generation of epicardial lineage cells from human pluripotent stem cells by stage-specific activation of the BMP and WNT signaling pathways. These cells display morphological characteristics and express markers of the epicardial lineage, including the transcription factors WT1 and TBX18 and the retinoic acid-producing enzyme ALDH1A2. When induced to undergo epithelial-to-mesenchymal transition, the cells give rise to populations that display characteristics of the fibroblast and vascular smooth muscle lineages. These findings identify BMP and WNT as key regulators of the epicardial lineage *in vitro* and provide a model for investigating epicardial function in human development and disease.

The epicardium is essential for proper development of the heart and plays an important role in cardiac recovery during disease. Studies in model organisms have demonstrated that these effects are mediated either through the generation of epicardial-derived cell populations that participate in formation of the heart or through the secretion of paracrine factors by the epicardium that influence the development and proliferation of other cell types in the heart including cardiomyocytes. Given their pivotal role in normal development and disease, the epicardium and derivative cell types will have to be included as essential components of engineered heart tissue that is generated to assess drug responses and to model disease *in vitro*. Additionally, the ability of epicardial cells to regulate cardiomyocyte proliferation during development can be exploited to develop new strategies for replacing or regenerating functional myocardium for the treatment of cardiovascular disease. The generation of unlimited numbers of human pluripotent stem cell (hPSC)-derived epicardial cells through the approach described in this study provides an unprecedented opportunity to develop these applications.

The adult heart is composed of three distinct cell populations—the inner endocardium, the center myocardium and the outer epicardium—which arise during specific stages of embryonic development. The endocardial and myocardial lineages are specified during the earliest stage of cardiac development in a structure known as the cardiac crescent¹. The bi-lineage crescent subsequently fuses to form the heart tube, which undergoes chamber specification and looping, giving rise to the four-chambered heart. The epicardium develops during

the looping stage and is derived from a distinct structure known as the proepicardial organ, which lies proximal to the heart along the septum transversum². As the proepicardial organ buds off from the septum transversum, it migrates to and envelopes the heart to form an outer epithelial layer, the epicardium, at approximately embryonic day (E) 9.5 of mouse development³. The epicardium then undergoes an epithelial-to-mesenchymal transition (EMT) in response to various signals, including TGFβ1 (refs. 4,5), Wnt⁶, retinoic acid (RA)⁶, FGF⁷ and PDGF⁸, to give rise to cardiac fibroblasts and coronary vascular smooth muscle cells that invade the myocardial layer and contribute to the structural and vascular populations of the developing heart. These fibroblasts and vascular smooth muscle cells, known as epicardial-derived cells (EPDCs), constitute a substantial proportion of the non-cardiomyocyte population within the myocardial layer⁹. In addition to generating these cell types, the epicardium also supports the rapid proliferation of ventricular cardiomyocytes through the production of paracrine factors, including IGF and RA¹⁰. This rapid, stage-specific expansion is essential for the generation of compact ventricular myocardium.

At the molecular level, the developing epicardium can be distinguished from the myocardium and endocardium by expression of the transcription factors WT1 (ref. 11) and TBX18 (ref. 12) and of the aldehyde dehydrogenase enzyme retinaldehyde dehydrogenase 2 (ALDH1A2), required for the conversion of retinol to retinoic acid^{13,14}. The expression of these genes defines the fetal stage of epicardial development, as their levels decrease with maturation.

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In the adult epicardium, myocardial infarction leads to upregulation of these genes, cell proliferation and EMT, suggesting that the epicardium is involved in the remodeling process following infarct^{15,16}. Lineage-tracing studies have provided evidence that this activated epicardium generates new cardiomyocytes along with fibroblasts and vascular smooth muscle cells, indicating that it may contribute to the development of new myocardium^{17–19}. However, the extent to which an epicardium-to-cardiomyocyte transition occurs is unclear.

Our understanding of epicardial lineage development and function is derived almost entirely from studies on model organisms, as access to fetal human heart tissue is limited. Studies with epicardium isolated from the adult human heart show that the cells rapidly undergo EMT in culture, preventing detailed studies on the epithelial cell population²⁰. The generation of epicardium *in vitro* from hPSCs would overcome issues of accessibility and provide an unlimited source of human cells for functional studies *in vitro* and in experimental models *in vivo*. In this study, we have addressed this issue and demonstrate that the combination of BMP and WNT signaling promotes the generation of a WT1⁺TBX18⁺ epicardial cell-like population at the expense of cardiomyocytes from PDGFRA⁺ mesoderm. Following passage, these cells mature and form epithelial-like sheets with tight junctions as demonstrated by the expression of ZONA OCCULEDENS-1 (ZO1). Along with ZO1, the cells upregulate expression of *ALDH1A2* and exhibit aldehyde dehydrogenase activity, an indication of their ability to synthesize retinoic acid. Finally, we show that when induced with TGFβ1 and bFGF, the epicardial-like cells undergo EMT and give rise to cells that display characteristics of smooth muscle cells and fibroblasts.

RESULTS

BMP dose-dependently specifies the cardiomyocyte lineage

The differentiation of hPSCs toward the cardiomyocyte lineage progresses through three stages; (i) the induction of cardiovascular mesoderm defined by the expression of KDR and PDGFRA, (ii) the specification of the cardiovascular mesoderm to a cardiomyocyte fate and (iii) the maturation of the specified progenitors to functional cardiomyocytes (Fig. 1a). Whereas NODAL/ACTIVINA and BMP4 are known to be key regulators in the generation of cardiac mesoderm during the first stage of differentiation, the pathways controlling the specification toward the cardiomyocyte lineage during the second stage are ill-defined²¹. To investigate the specification step, we established a protocol that enabled us to easily manipulate signaling pathways during this stage of development in human embryonic stem cell (hESC) differentiation cultures (Fig. 1a). With this approach, KDR⁺PDGFRA⁺ cardiovascular mesoderm is induced in embryoid bodies with optimal concentrations of ACTIVINA and BMP4 as previously described²¹. On day (D) 4 of differentiation, the embryoid bodies are dissociated, and the cells are plated as a monolayer for the specification stage and cultured in the presence of different signaling pathway agonists and antagonists for 48 h. The cultures are then maintained in media containing VEGF and analyzed at D15 for the presence of cardiac Troponin T (CTNT)⁺ cardiomyocytes by flow cytometry.

As our previous studies have shown that cardiomyocytes develop from KDR⁺PDGFRA⁺ mesoderm in the presence of the WNT inhibitor DKK1 and the ACTIVIN/NODAL/TGFβ inhibitor SB-431542 (ref. 21), these pathway antagonists were included in the culture during the specification step. Given that BMP signaling is required for

Figure 1 BMP specifies the differentiation of cardiomyocytes from hESC-derived mesoderm. **(a)** Scheme of the protocol used to differentiate hESCs toward the cardiomyocyte lineage highlighting the three main stages of development: (1) mesoderm induction, (2) cardiovascular specification and (3) maturation. Cells from ACTIVINA/BMP4-induced D4 embryoid bodies are plated as a monolayer on gelatin-coated wells. The BMP pathway was manipulated for a 48-h period (D4–D6) in the presence of VEGF (5 ng/ml), SB-431542 (SB; 5.4 μM) and DKK1 (150 ng/ml). Following specification, the cultures were maintained in VEGF (5 ng/ml) for 9 days and then analyzed for the presence of CTNT⁺ cells by flow cytometry. **(b)** Flow cytometric analyses of the frequency of KDR⁺PDGFRA⁺ cells in D4 and D5 mesoderm populations and of CTNT⁺ cells in D15 populations generated from D4 mesoderm treated with: no factors (no treatment), BMP4 (10 ng/ml) or NOGGIN (400 ng/ml). **(c)** Flow cytometric analyses of the frequency of CTNT⁺ cells in D15 populations generated from D4 mesoderm treated with the indicated amounts of BMP4 or NOGGIN. NT, no treatment. Bars represent s.e.m. of the values from three independent experiments ($N = 3$); * $P \leq 0.05$, ** $P \leq 0.01$ compared to NT as analyzed by Student's *t*-test. **(d)** Scheme indicating the time intervals of BMP4 or NOGGIN treatment between D4 and D6. Ten different intervals were evaluated. On D15 the resulting populations were analyzed for the presence of CTNT⁺ cells by flow cytometry. Control cultures were not treated with either the agonist or antagonist during the 48-h period.

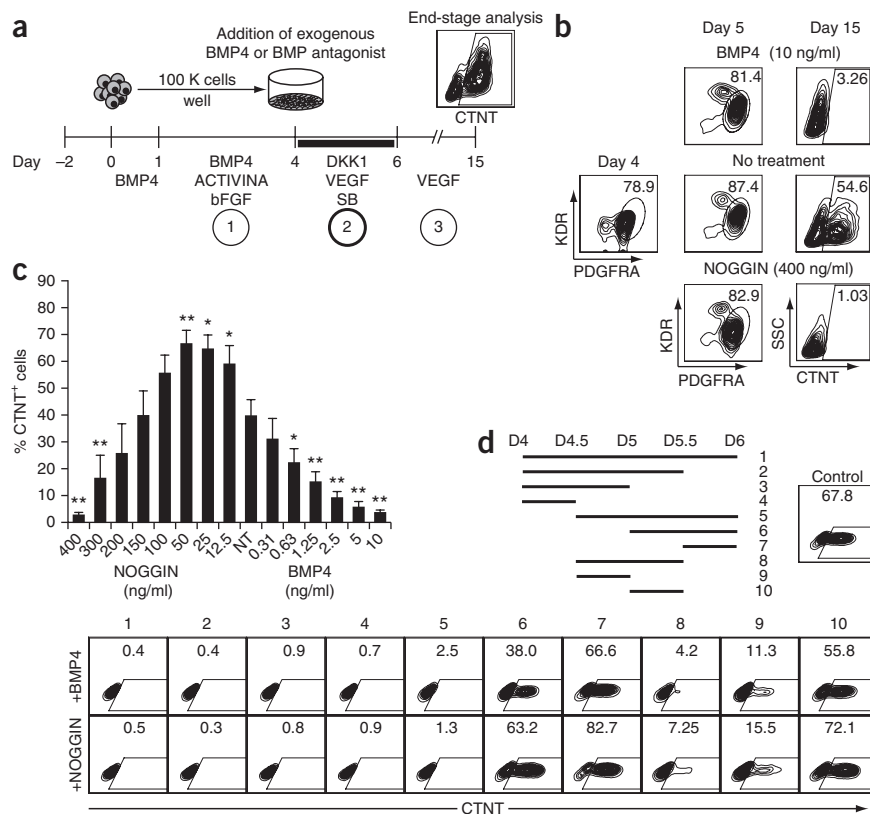


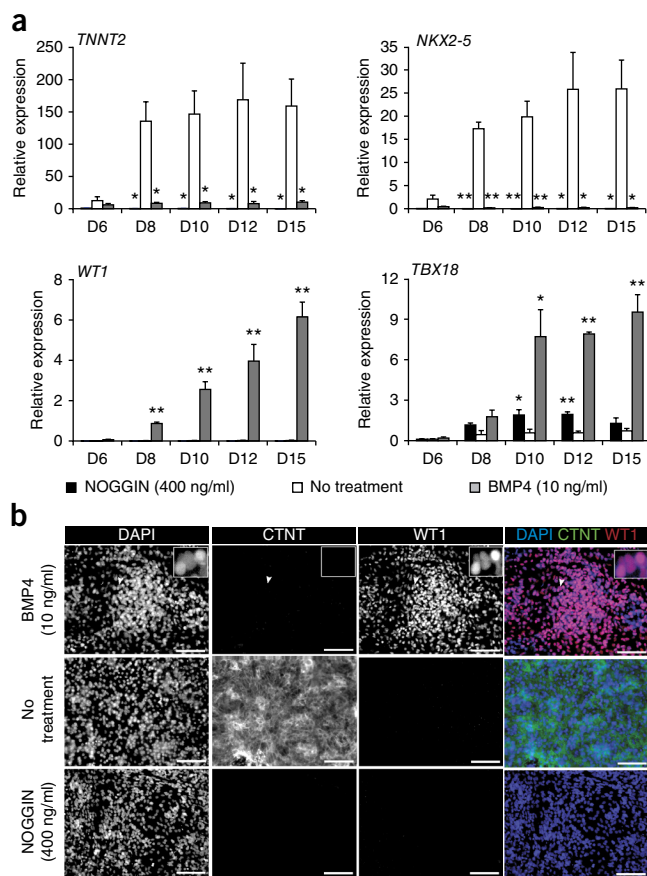
Figure 2 BMP4 treatment specifies WT1⁺ cells. (a) qRT-PCR-based expression analyses of the cardiac genes *TNNT2* and *NKX2-5* and the epicardial genes *WT1* and *TBX18* on the indicated days (D) of culture from cell populations generated by treatment with BMP4 (10 ng/ml), NOGGIN (400 ng/ml) or no additional factors. Values shown are relative to the housekeeping gene *TBP*. Error bars represent s.e.m. from the values of three independent experiments ($N = 3$); * $P \leq 0.05$, ** $P \leq 0.01$ compared to nontreated cells as analyzed by Student's *t*-test. (b) Fluorescence immunostaining for the presence of CTNT and WT1 protein in D15 populations treated with no additional factors, BMP4 (10 ng/ml) or NOGGIN (400 ng/ml). DAPI staining shows cell nuclei. Inset is high magnification showing nuclear staining of WT1 where the region of interest is indicated by the white arrowhead. Scale bars, 100 μm .

cardiovascular development from mesoderm in the early embryo²², and can modulate cardiomyocyte development from hPSC-derived cardiac progenitor cells²¹, we focused our initial effort on further exploring the role of this pathway in the specification of the cardiovascular lineage. Manipulation of the pathway had a profound effect on cardiogenesis, as addition of BMP4 or the BMP-specific inhibitor NOGGIN during this 48-h window completely blocked cardiomyocyte development as shown by the lack of CTNT⁺ cells at D15 (Fig. 1b). The generation of KDR⁺PDGFRA⁺ mesoderm at D5 of differentiation was not affected by these manipulations. The lack of cardiomyocyte development was not due to an increase in cell death as similar numbers of cells were detected in each group at D15 (Supplementary Fig. 1a). To investigate the requirement for BMP signaling during the specification of cardiomyocytes, we carried out a titration of NOGGIN and BMP4 between D4 and D6 of differentiation. A clear dose dependency for BMP signaling was observed, with optimal cardiomyocyte specification occurring in cultures treated with levels of NOGGIN ranging from 12.5 to 50 ng/ml (Fig. 1c). Some interexperiment variation was observed with respect to the optimal NOGGIN concentrations required for the specification of cardiomyocytes and for blocking cardiogenesis. This variation typically coincided with lot changes in reagents (data not shown).

To define in more detail the temporal aspects of cardiomyocyte specification, we manipulated BMP signaling at different 12-h intervals between D4 and D6 of differentiation (Fig. 1d; top panel, intervals 1–10). The untreated control cultures underwent efficient cardiomyocyte specification, as indicated by the high proportion of CTNT⁺ cells detected at D15. The inhibitory effects of BMP4 and NOGGIN were most pronounced when these factors were added between D4 and D5 of culture (groups 1–5, 8, 9). If addition of the BMP agonist or antagonist was delayed to D5 or beyond, cardiomyocytes were detected in the resulting cultures (groups 6, 7 and 10). Addition of the agonist and antagonist for a 12-h period during the D4–5 time frame was sufficient to inhibit cardiomyocyte development (groups 4, 8 and 9). Taken together these findings demonstrate that an optimal concentration of BMP4 is required for cardiomyocyte specification at D4 of differentiation and that the duration of this BMP-dependent stage is ~24 h.

BMP4 treatment specifies a WT1⁺ epicardial population

The fact that cell numbers were not significantly influenced by the manipulation of the BMP pathway indicated that other cell types, possibly of other cardiovascular lineages, were generated in the presence or absence of BMP signaling. To begin to characterize these cell populations, we assessed gene expression patterns indicative of different cardiovascular cell types, as well as of other mesoderm-derived lineages, by quantitative real-time PCR (qRT-PCR) (Figs. 2a and data not shown). As expected, genes associated with cardiomyocyte

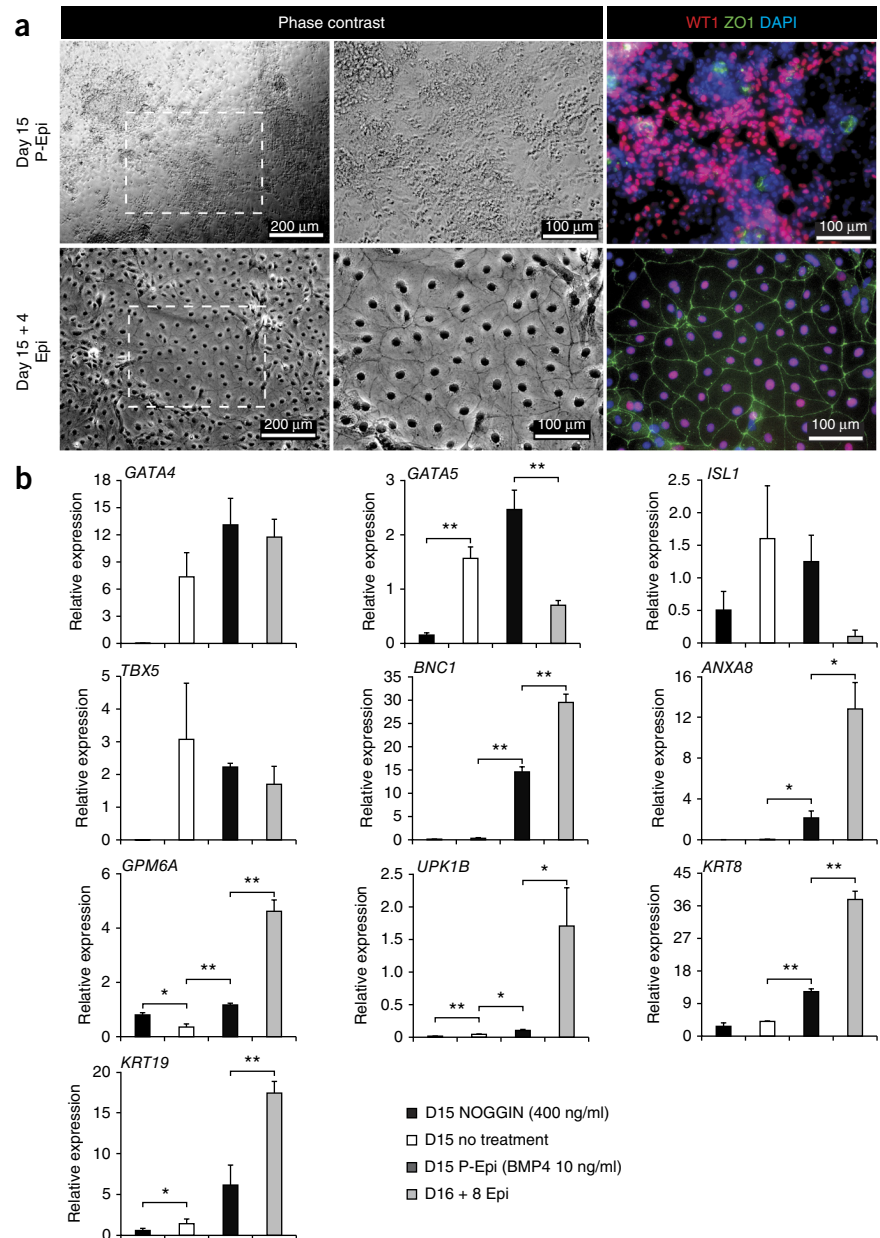


development, including *TNNT2* and the cardiac transcription factor *NKX2-5*, were expressed only in the untreated control cultures. Notably, two epicardial markers, *WT1* and *TBX18*, were expressed exclusively (*WT1*) or predominantly (*TBX18*) in the cultures treated with BMP4, indicating that these cells may represent the developing epicardial lineage (Fig. 2a). Immunostaining confirmed the qRT-PCR findings and demonstrated that the BMP4-treated cells expressed nuclear WT1 protein (Fig. 2b). WT1 was not detected in the NOGGIN-treated or untreated cells, indicating that it was specifically upregulated in the BMP4-treated group. Immunostaining for CTNT was observed only in untreated cultures (Fig. 2b), confirming the qRT-PCR and FACS analyses.

In vivo, epicardial cells form an epithelial layer that surrounds the developing heart. In addition to their distinct cobblestone morphology, epithelial cells in culture are characterized by their ability to form tight junctions that can be monitored by the presence of ZO1 along the cell membrane⁴. At D15 of culture the WT1-expressing cultures did not display the cobblestone morphology typical of cultured epithelial cells and ZO1 expression was not readily observed along the cell borders (Fig. 3a). However, following passage and culture in a larger format (from a 96-well to a 6-well plate) for 4 d, WT1⁺ cells expanded to generate a confluent monolayer with a cobblestone morphology (Fig. 3a). These cells maintained expression of WT1 and now expressed ZO1 along well-defined cell borders. Given these characteristics, the D15, pre-passaged, WT1⁺ cells will be referred to as pro-epicardial (P-Epi) cells and the post-D15, passaged, WT1⁺ cells as epicardial (Epi) cells.

Molecular analyses revealed that the P-Epi cells expressed the cardiogenic genes *GATA4*, *GATA5*, *ISL1* and *TBX5* at levels similar to those found in the cardiomyocytes (Fig. 3b). With passage, expression of

Figure 3 WT1⁺ cells generate epithelial sheets following passage. **(a)** Phase contrast microscopy and fluorescence immunostaining showing morphology of D15 P-Epi and D15 + 4 Epi populations and the presence of ZO1 (green) and WT1 (red) protein. DAPI (blue) staining shows cell nuclei. Scale bars are as indicated. White dashed box in first panel depicts region of view at higher magnification in subsequent panels. **(b)** qRT-PCR-based expression analyses of the indicated genes in D15 populations generated from untreated cells or cells treated with NOGGIN (400 ng/ml), or BMP4 (P-Epi, 10 ng/ml) as well as in D16 + 8 Epi cells derived from the BMP4-treated P-Epi cells. Values shown are relative to the housekeeping gene *TBP*. Error bars represent s.e.m. of the values from three independent experiments ($N = 3$); * $P \leq 0.05$, ** $P \leq 0.01$, compared to nontreated cells or D15 P-Epi cells as analyzed by Student's *t*-test.



ISL1 and *GATA5* was downregulated. These patterns largely reflect those in the developing epicardium in the mouse^{23–26}. Through microarray analyses, Bochmann *et al.*²⁷ identified sets of genes that were expressed at significantly higher levels in the epicardium than in the myocardium of the adult mouse. We analyzed six genes from the set that showed a large expression differential in their study (*BNC1*, *ANXA8*, *GPM6A*, *UPK1B*, *KRT8* and *KRT19*) and found that the expression of all were upregulated in the passaged Epi cells compared to the P-Epi cells and cardiomyocytes (Fig. 3b).

To further characterize the P-Epi and Epi cell populations, we analyzed them for the expression of various surface antigens by flow cytometry. The expression patterns of these populations were compared to that of D15 cardiomyocytes (Supplementary Fig. 1b). The cardiomyocytes and both Epi populations expressed podoplanin (PDPN), a transmembrane glycoprotein thought to be associated with cell migration and found on developing mouse cardiomyocytes and on adult mouse epicardium^{27,28}. Notably, both Epi populations were also positive for SIRPA, a receptor we have previously shown to be expressed on hPSC-derived and fetal cardiomyocytes²⁹. The Epi populations, but not the cardiomyocytes, expressed the mesenchymal/fibroblast marker CD90, although the levels appeared to decrease with passage. PDGFRB, expressed on embryonic epicardium in the mouse, was detected at low levels in both Epi populations³⁰. In contrast, the mesoderm progenitor marker PDGFRA was not expressed on any of the populations, indicating that it is downregulated with lineage specification. None of the populations expressed CD31, VE-CADHERIN or CKIT (data not shown). Taken together with the above molecular analyses, these findings provide strong evidence that the hPSC-derived Epi populations represent the human epicardial lineage.

To demonstrate that the WT1-expressing cells develop from the mesodermal population present at D4, we isolated the PDGFRA⁺ (mesoderm) and PDGFRA⁻ (non-mesoderm) fractions at this time point by FACS and cultured the cells either without further treatment

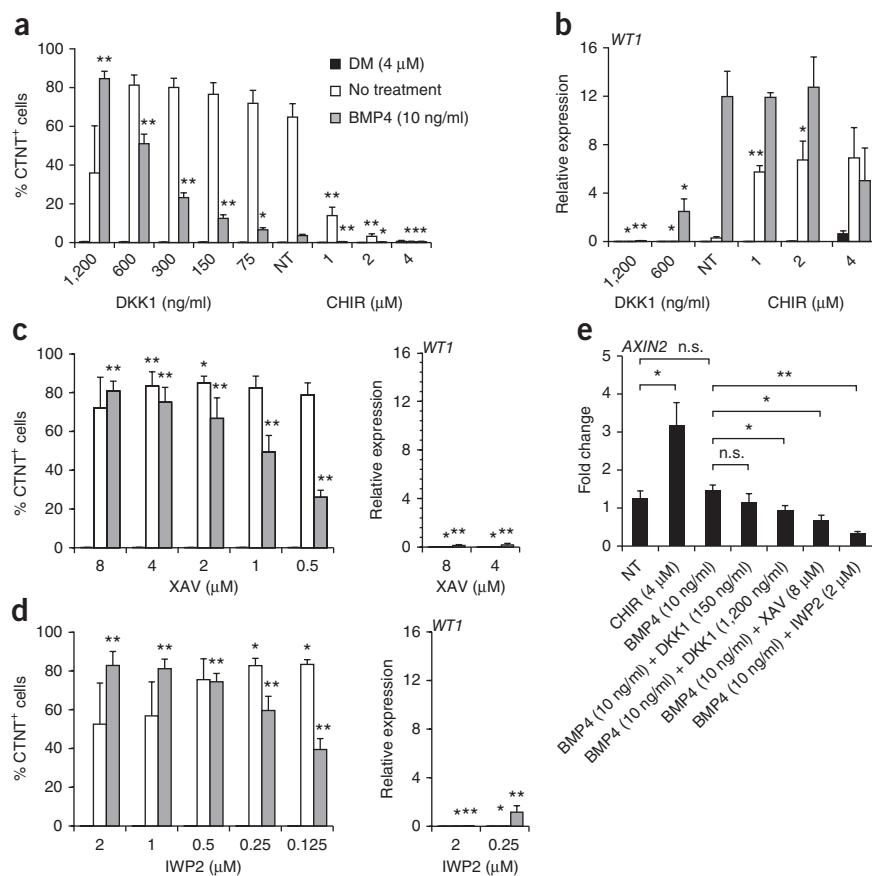
or with BMP4 for 48 h (Supplementary Fig. 2a). Cultures were maintained until D15 (Fig. 1a). Flow cytometry and immunostaining revealed that CTNT⁺ cardiomyocytes (Supplementary Fig. 2b) and WT1⁺ cells (Supplementary Fig. 2c) were generated only from the PDGFRA⁺ population indicating that these cell types are of mesodermal origin. Gene expression analysis confirmed these findings and showed that that expression of *WT1* and additionally *TBX18* were detected only in the BMP4-treated PDGFRA⁺ mesoderm-derived population (Supplementary Fig. 2d).

WNT signaling co-regulates cardiac lineage specification

Our findings that BMP signaling can specify the cardiomyocyte and P-Epi lineages in the presence of WNT and ACTIVIN/NODAL/TGFB inhibitors suggest that these pathways do not play a role at this stage of epicardial development. This interpretation is not, however, in line with the observations that the hearts of *Dkk1*^{-/-}*Dkk2*^{-/-} null mice have an increased thickness of the epicardium and a thinner myocardium compared to wild-type littermates. These findings suggest that Wnt

Figure 4 BMP and WNT signaling modulate cardiomyocyte and pre-epicardium specification.

(a) Flow cytometric analyses of the frequency of CTNT⁺ cells in D15 cultures generated from D4 mesoderm treated with BMP4 (10 ng/ml), dorsomorphin (4 μ M) or no treatment (control) in combination with the indicated amounts of DKK1 or CHIR. (b) qRT-PCR-based analyses of *WT1* expression in D15 cultures generated from D4 mesoderm treated with BMP4 (10 ng/ml), dorsomorphin (4 μ M) or no additional factors (control) in combination with the indicated amounts of DKK1 or CHIR. Values shown are relative to the housekeeping gene *TBP*. (c) The frequency of CTNT⁺ cells determined by flow cytometry and the expression levels of *WT1* evaluated by qRT-PCR analyses in D15 cultures generated from D4 mesoderm treated with BMP4 (10 ng/ml), dorsomorphin (4 μ M) or no additional factors (control) in combination with the indicated amounts of XAV. (d) The frequency of CTNT⁺ cells determined by flow cytometry and the expression levels of *WT1* evaluated by qRT-PCR analyses in D15 cultures generated from D4 mesoderm treated with BMP4 (10 ng/ml), dorsomorphin (4 μ M) or no additional factors (control) in combination with the indicated amounts of IWP2. (e) qRT-PCR-based expression analyses of *AXIN2* in D5 populations, 24 h following the indicated treatments. Values shown are fold-change relative to D4 pre-treated cultures. Error bars, s.e.m.; ($N = 3$); * $P \leq 0.05$, ** $P \leq 0.01$, as analyzed by Student's *t*-test (a–e), when compared to the 'no WNT treatment' (NT) control in the context of the indicated manipulation of the BMP pathway (a–d). n.s., not significant; DM, dorsomorphin.



signaling does, in fact, play some role in the development of the epicardial lineage³¹. To reconcile these differences, we further manipulated WNT signaling at this stage, specifically focusing on inhibition of the pathway by addition of increased amounts of DKK1, or the small-molecule antagonists XAV939 (XAV) and IWP2. These antagonists were added to cultures containing either BMP4 (10 ng/ml), the small-molecule BMP inhibitor dorsomorphin³² (4 μ M; in place of NOGGIN) or no other factors (endogenous BMP). Increasing the concentration of DKK1 in the presence of BMP4 promoted the development of cardiomyocytes at the expense of P-Epi cells as indicated by the lack of *WT1* expression in the population treated with 1,200 ng/ml of the antagonist (Fig. 4a,b). The addition of XAV or IWP2 had similar effects to that of high concentrations of DKK1 (Fig. 4c,d). The cardiomyocyte potential of the dorsomorphin-treated and nontreated cultures were largely unaffected by these manipulations (Fig. 4a,c,d). As expected, activation of the canonical WNT pathway by the addition of the small-molecule WNT agonist CHIR99021 (CHIR) inhibited cardiomyocyte development in the endogenous BMP control (Fig. 4a). Western blot analyses showed that the untreated population (endogenous BMP) contained pSMAD1/5/8 that was inhibited by the addition of dorsomorphin, consistent with the interpretation that the BMP pathway was active in the cells in the absence of added ligand (Supplementary Fig. 3a). The levels of pSMAD1/5/8 were not appreciably affected by the addition of a WNT inhibitor indicating that manipulation of the WNT pathway does not impact BMP/pSMAD signaling. qRT-PCR analyses revealed that the addition of BMP4 did not significantly increase the level of expression of the WNT/BETA-CATENIN target *AXIN2* above that in the untreated population, suggesting that the BMP4 pathway does not directly regulate canonical WNT signaling (Fig. 4e). Addition

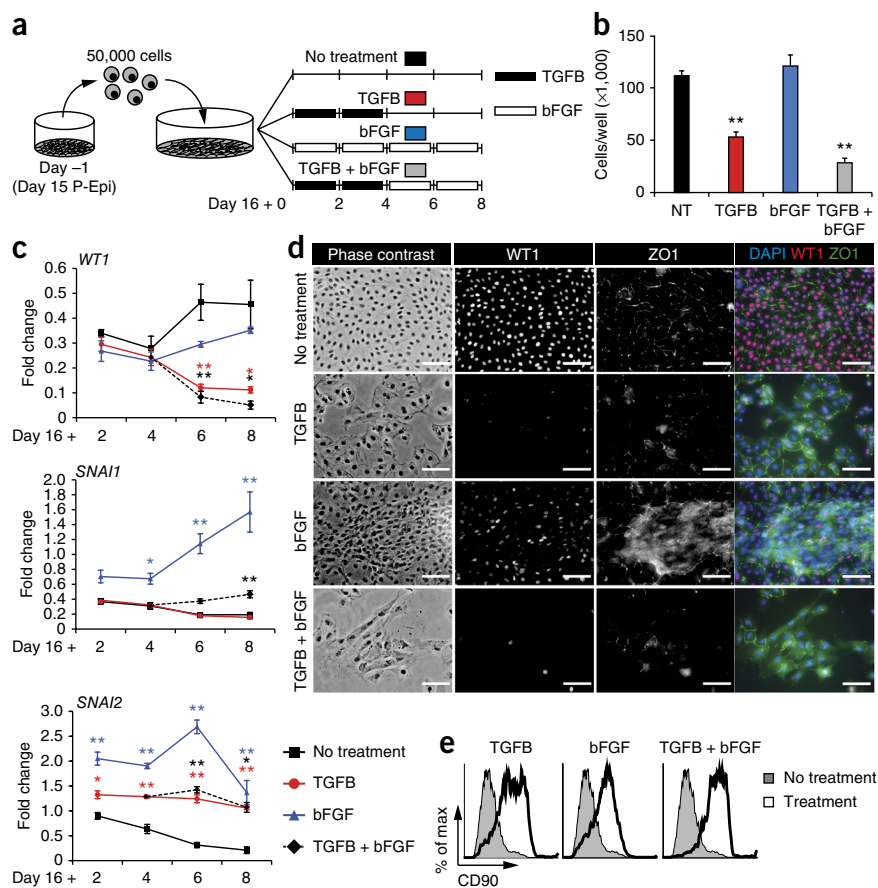
of IWP2, XAV or high (1,200 ng/ml) but not low (150 ng/ml) concentrations of DKK1 led to a significant reduction in *AXIN2* expression, consistent with the observation that these manipulations promoted cardiac development.

The addition of high concentrations of DKK1 (600 ng/ml and above) or the small-molecule antagonists XAV and IWP2 decreased *WT1* expression in BMP4-treated cells indicating a loss of P-Epi cells with specification of the cardiomyocyte lineage (Fig. 4b–d). Activation of the WNT pathway by CHIR did not affect *WT1* expression in BMP4-treated cells but did result in increased expression in the endogenous BMP population. Dorsomorphin-treated cultures showed no change in *WT1* expression following these manipulations (Fig. 4b). Taken together, these observations demonstrate that BMP signaling is required for specification of both the cardiomyocyte and Epi lineages as neither develops in the dorsomorphin-treated cultures. In the context of BMP signaling, development of the Epi lineage is dependent on WNT signaling, whereas establishment of the cardiomyocyte lineage requires efficient inhibition of this pathway.

Studies in the chick embryo have provided evidence that bFGF signaling promotes proliferation and mesenchymal differentiation of the proepicardial organ cells in tissue explant cultures³³, suggesting that this pathway may play a role in the early stages of Epi lineage development. To determine whether FGF affects P-Epi specification from hPSCs, we manipulated the pathway by the addition of bFGF or the FGF receptor antagonist PD-173074 together with BMP4 and CHIR to D4 mesoderm. Addition of PD-173074 did not affect *WT1* expression or cell number output compared to the nontreated control (Supplementary Fig. 3b). Conversely, the addition of bFGF inhibited *WT1* expression indicating that signaling through this pathway is

Figure 5 Epicardial cells undergo EMT in response to TGFB1 and bFGF treatment.

(a) Scheme of the protocol used for the EMT analyses. D15 P-Epi cultures were passaged, allowed to settle for 1 d and then subjected to the following treatments: TGFB1 (5 ng/ml) for 4 d followed by no treatment (TGFB); bFGF (10 ng/ml) for 8 d; TGFB1 (5 ng/ml) for 4 d followed by bFGF (10 ng/ml) for 4 d (TGFB + bFGF); or no additional factors throughout the 8-d culture (no treatment). (b) Total cell numbers per well 8 d after EMT initiation with the indicated treatments. Cultures were initiated with 5×10^4 cells. Error bars, s.e.m.; ($N = 3$); $**P \leq 0.01$ compared to the nontreated control as analyzed by Student's *t*-test. (c) qRT-PCR-based expression analyses of the epicardial gene *WT1* and the EMT-regulated genes *SNAI1* and *SNAI2* on D2, 4, 6 and 8 following EMT initiation with the indicated factors. Values are expressed as fold-change relative to experiment-matched prepassaged D15 P-Epi cultures. Error bars, s.e.m.; ($N = 3$); $*P \leq 0.05$, $**P \leq 0.01$ compared to the nontreated control as analyzed by Student's *t*-test. (d) Phase contrast microscopy and fluorescence immunostaining showing cell morphology and the presence of ZO1 and WT1 proteins in Epi-derived cultures 8 d after EMT initiation with the indicated factors. DAPI staining shows cell nuclei. Scale bars, 100 μ m. (e) Flow cytometric analyses for the expression of CD90 in the populations 8 d after EMT initiation with the indicated factors.



detrimental to the development of the P-Epi lineage (Supplementary Fig. 3b). Cell numbers were not affected by the addition of bFGF, suggesting that signaling through this pathway promoted the development of an alternative cell lineage.

Based on the inclusion of VEGF during culture, we wanted to determine whether this signaling pathway affects epicardial lineage specification and maturation. Notably, the D15 P-Epi population expressed KDR (Supplementary Fig. 3c), suggesting that this population may respond to VEGF signaling. Removal of VEGF from the specification step or during the following 9 d of culture had no detrimental effect on D15 KDR expression, *WT1* expression or total cell output, indicating that it is not required for establishment of the lineage (Supplementary Fig. 3c,d). The majority of passaged Epi cells maintained expression of KDR, however, addition of VEGF during the culture of the Epi population resulted in a reduction in the number cells generated 8 d later (Supplementary Fig. 3e,f). The reduction in cell number was not associated with maturation along the endothelial lineage, however, as the cells did not upregulate CD31 (Supplementary Fig. 3e).

Given the above findings, for the remaining experiments in this study cardiomyocytes were generated by the addition of BMP4 and XAV or IWP2 to D4 mesoderm whereas the combination of BMP4 and CHIR was used to induce the Epi lineage. Cells treated with the BMP inhibitor dorsomorphin were used as the noncardiomyocyte, non-Epi, control population. With this approach it was possible to generate Epi cells from other hPSC lines, including a human, fibroblast-derived, induced PSC line (Sendai hiPSC) and the hESC line H7 (Supplementary Fig. 4a,b). The protocol used for Epi development from the HES2 hESCs was also used for the second hESC line H7. For the Sendai hiPSC line we shortened the mesoderm induction

stage by 1 d (D1–3), as we have previously shown that the kinetics of differentiation is accelerated in some iPSCs²¹.

hPSC-derived epicardial cells undergo EMT

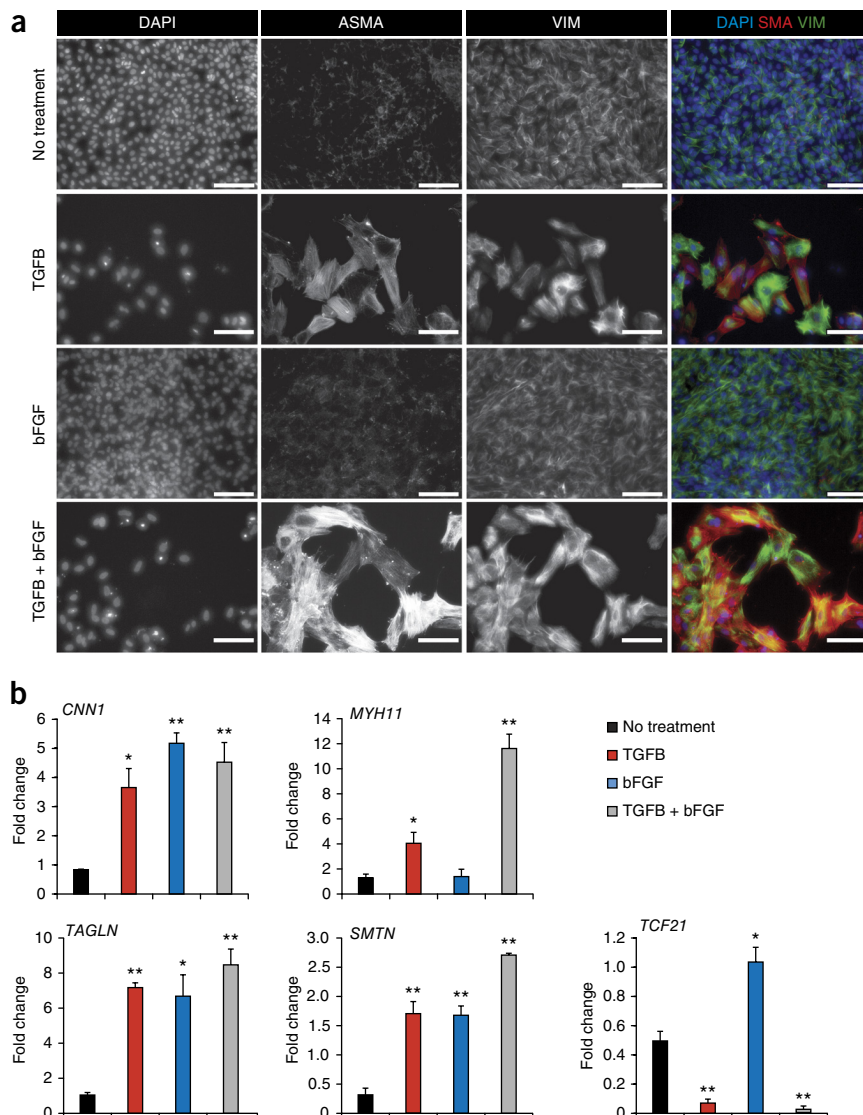
Previous studies have shown that both mouse and chick embryonic epicardial cells undergo EMT *in vitro* in response to factors that regulate this process *in vivo* including TGF β 1 (refs. 4,5), Wnt⁶, RA⁶, FGF⁷, PDGF⁸ and give rise to cell populations that display properties of the fibroblast and vascular smooth muscle lineages. To determine whether the hESC-derived Epi cells can undergo EMT, we designed an assay in which D15 P-Epi cells are passaged, allowed 1 d to recover, and then treated for a total of 8 d with one of four treatment regimens. The regimens consisted of: (i) TGFB1 for 4 d followed by 4 d with no additional factor (TGFB), (ii) bFGF for 8 d (bFGF), (iii) TGFB1 for 4 d followed by 4 d with bFGF (TGFB + bFGF) or (iv) no additional factors for 8 d (Fig. 5a). Following culture under the different conditions, the cells were harvested and analyzed by qRT-PCR, flow cytometry and immunostaining.

Maintaining cultures in the absence of factors or in the presence of bFGF led to a doubling of cell numbers over the 8-d period (Fig. 5b). In contrast, cell numbers in cultures treated with TGFB alone or TGFB + bFGF remained at input or lower than input levels. Expression levels of *WT1* in the control cells were downregulated immediately after passage and then gradually upregulated over the 8-d culture period (Fig. 5c). Cells treated with either TGFB or TGFB + bFGF showed steady decreases in *WT1* expression over time, indicating the transition toward an EPDC phenotype (Fig. 5b,c). In contrast, the levels of *WT1* expression did not decline below those of the control in the bFGF-treated cells. Expression of the EMT markers *SNAI1* and *SNAI2* also increased in the treated populations, although the levels

Figure 6 Epicardium-derived cells display characteristics of fibroblasts and vascular smooth muscle cells. **(a)** Fluorescence immunostaining for ASMA and VIM proteins in the cultures 8 d following EMT initiation with the indicated treatments. DAPI staining shows cell nuclei. Scale bars, 100 μ m. **(b)** qRT-PCR-based expression analyses of the smooth muscle genes *CNN1*, *MYH11*, *TAGLN* and *SMTN* and the epicardial/cardiac fibroblast gene *TCF21* in cultures 8 d after EMT initiation with the indicated factors. Values are expressed as fold-change relative to experiment-matched, pre-passaged D15 P-Epi cells. Error bars, s.e.m.; ($N = 3$); * $P \leq 0.05$, ** $P \leq 0.01$ compared to the nontreated cells as analyzed by Student's *t*-test.

varied depending on the cytokine combination. TGFB, TGFB + bFGF and bFGF all led to increases in *SNAI2* expression, whereas only bFGF induced the expression of *SNAI1* (Fig. 5c). The recent findings by Casanova *et al.*³⁴ demonstrating that *SNAI1* is dispensable for epicardial EMT may explain why its expression levels did not change in the TGFB-treated cultures. Immunostaining illustrated that ZO1 was lost from cell borders and possibly internalized following TGFB or bFGF treatment (Fig. 5d). Expression of WT1 seen by immunostaining was consistent with transcript expression determined by qRT-PCR. The most significant change in WT1 and ZO1 staining was observed in TGFB + bFGF-treated cells, although they were largely morphologically indistinguishable from those treated with only TGFB. Flow cytometry showed that cells in all groups had upregulated the mesenchymal marker CD90 compared to the untreated control (Fig. 5e), supporting the interpretation that TGFB and bFGF had initiated EMT. Taken together, these findings indicate that the Epi cells were capable of undergoing EMT following activation of the TGFB and bFGF pathways and provide further evidence that they represent the *in vitro* equivalent of the developing epicardium.

To identify the cell types being induced by EMT, the derivative populations were analyzed by immunostaining for the presence of the mesenchymal marker VIMENTIN (VIM) and the smooth muscle marker ALPHA-SMOOTH MUSCLE ACTIN (ASMA) and by qRT-PCR for expression of the smooth muscle genes *CNN1*, *MYH11*, *TAGLN* and *SMTN*³⁵ and the epicardium-derived fibroblast marker *TCF21* (ref. 36). Although VIM was expressed to some degree in all populations, substantially higher levels were observed in cells induced by TGFB and TGFB + bFGF than in those cultured with bFGF alone (Fig. 6a). ASMA was also detected at higher levels in the TGFB- and TGFB + bFGF-induced cells compared to those induced with bFGF or those cultured in the absence of factors. These patterns suggest that cells induced with either TGFB or TGFB + bFGF are progressing along the vascular smooth muscle lineage (Fig. 6a). In support of this is the observation that expression of *CNN1*, *MYH11*, *TAGLN* and *SMTN* but not of *TCF21* was upregulated in these cells (Fig. 6b). In contrast, the bFGF-induced population expressed *TCF21* in addition



to *CNN1*, *TAGLN* and *SMTN*. These cells did not express substantial levels of *MYH11* (Fig. 6b). Collectively, these findings indicate that TGFB specifies the Epi cells toward a smooth muscle-like fate whereas bFGF promotes the development of fibroblast-like cells. bFGF treatment following TGFB treatment appeared to enhance the smooth muscle-like fate as observed by the increased expression of *CNN1*, *MYH11*, *TAGLN* and *SMTN* in these cells.

To test the contractile function of the smooth muscle-like cells generated following the EMT induced with TGFB and TGFB + bFGF, we measured calcium transients following stimulation with norepinephrine (NE) and phenylephrine (PE) using previously described methods³⁷ (Supplementary Fig. 5a,b and Supplementary Video 1). The proportion of cells displaying calcium transients was highest (70%) in the population induced by TGFB + bFGF indicating that this combination of signaling pathways efficiently promoted the development of smooth muscle cells capable of contraction (Fig. 7a). Of the cells that exhibited calcium transients, similar rates of cycling were observed in the cells induced by TGFB and TGFB + bFGF following PE stimulation. Cells from both populations exhibited faster calcium cycling rates than those in the noninduced control cultures (Supplementary Fig. 5c). The amplitude of calcium response was greatest in phenylephrine-treated TGFB cells compared to control

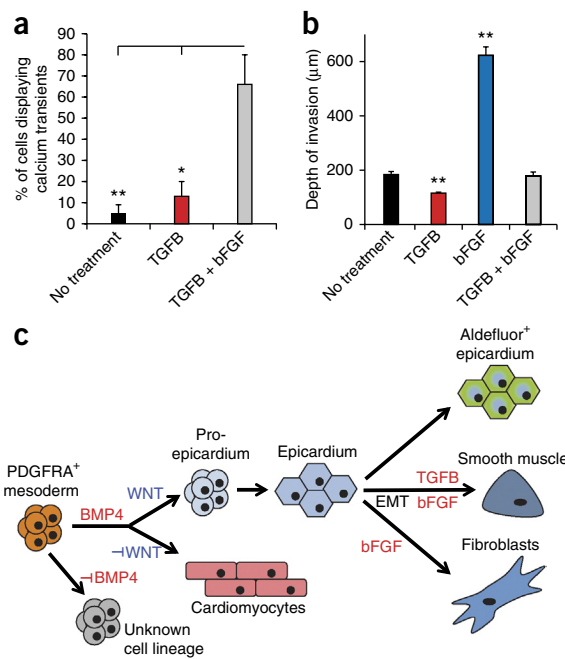
Figure 7 Functional assessment of EPDCs. (a) The total proportion of actively cycling cells in EMT-induced cultures was measured for the indicated treatments. Treatment with TGFB + bFGF-generated populations with the largest proportion of actively cycling cells in response to agonists. Error bars, s.e.m.; $N = 3/\text{group}$; $*P < 0.05$, $**P < 0.01$ compared by one-way ANOVA with Tukey *post hoc* test. (b) Maximum Matrigel invasion depth on D8 following EMT initiation. Error bars, s.e.m.; $N = 3$; $**P \leq 0.01$ compared to nontreated controls as analyzed by Student's *t*-test. (c) Model highlighting the specification of PDGFRA⁺ mesoderm to the cardiomyocyte and pro-epicardial lineages by BMP4 and canonical WNT signaling. When passaged in the absence of factors, the pro-epicardial cells form epithelial sheets resembling the epicardium that can be identified through the Aldefluor assay. In the presence of TGFB + bFGF or bFGF, the passaged cells undergo EMT and give rise to smooth muscle-like and fibroblast-like cells.

cultures (Supplementary Fig. 5d). Finally, the duration of calcium transients following phenylephrine-treatment was longer in the TGFB + bFGF-induced cells than in those treated with TGFB or those in the control population (Supplementary Fig. 5e). Taken together these findings demonstrate that induction of the Epi cells with the combination of TGFB + bFGF promotes the development of smooth muscle cells capable of responding to agonists that result in increased calcium handling.

It is well-established that during heart development EPDCs, and in particular cardiac fibroblasts, invade the myocardial layer⁹. To assess this potential of the hPSC-derived Epi cells, we measured their ability to invade a three-dimensional (3D) layer of Matrigel following induction of EMT with the different factors. To enable us to easily track the migration of the cells, we generated the Epi population from GFP-expressing hESCs³⁸. Matrigel invasion was monitored 8 d following the induction of EMT by confocal microscopy and evaluated using 3D image reconstruction (Supplementary Fig. 6a and a'). The cells induced with bFGF alone were the most migratory and invaded the Matrigel to the greatest depth (Fig. 7b), supporting the interpretation that they are fibroblastic in nature. Along with invasion, bFGF treatment also led to an increase in total cell number within the regions of interest (ROI). None of the other groups showed this expansion (no treatment, 73.8 ± 6.1 cells per ROI; TGFB, 56.8 ± 9.5 cells per ROI; bFGF, 379.7 ± 40.5 cells per ROI, $P = 0.0017$; TGFB + bFGF, 80.3 ± 17.1 cells per ROI). Notably, the population induced with TGFB alone showed little capacity to invade the Matrigel, even less than the nontreated control that may contain some cells that have undergone spontaneous EMT to the fibroblast lineage (Supplementary Fig. 6a; white arrow heads). Cells induced with the combination of TGFB + bFGF behaved similarly to the control population and were considerably less invasive than those induced with bFGF alone. To further quantify the degree of invasion, we calculated the proportion of cells in each population that migrated to different depths. Virtually all of the cells in the noninduced, the TGFB-induced and TGFB + bFGF-induced populations were detected within the first 200 μm of the gel (Supplementary Fig. 6b). In contrast, approximately half of the cells in the bFGF-induced population migrated beyond this depth, some as far as 600 μm . Collectively, these findings demonstrate that the bFGF-induced population displays migratory behavior consistent with that predicted for EPDCs *in vivo*. The observation that the cells with smooth muscle characteristics do not show this potential suggests that the maturation of this lineage likely occurs following migration into the tissue.

hESC-derived epicardium has aldehyde dehydrogenase activity

It is well accepted that the epicardium produces retinoic acid during development and after cardiac injury through the upregulation



of ALDH1A2. At D15 of differentiation P-Epi cells did not express ALDH1A2 (Supplementary Fig. 7a), nor did they stain positive for Aldefluor by flow cytometry, a marker of aldehyde dehydrogenase activity (Supplementary Fig. 7b). Following passage, however, this population showed steady increases in ALDH1A2 expression (Supplementary Fig. 7c). The retinaldehyde dehydrogenases 1 and 3 (ALDH1A1 and ALDH1A3), also involved in the synthesis of retinoic acid but not associated with the epicardium, were expressed at lower levels than ALDH1A2 (Supplementary Fig. 7a). Eight days following passage, the Epi cell population had substantially upregulated aldehyde dehydrogenase activity as measured by Aldefluor staining to the stage at which >75% were positive (Supplementary Fig. 7d). Cultures in which EMT had been induced with TGFB, bFGF or TGFB + bFGF showed dramatically lower levels of ALDH1A2 expression and Aldefluor staining, consistent with the interpretation that they have lost their Epi identity.

Taken together, our results show that the stage-specific activation of BMP4 and WNT signaling regulates the specification of P-Epi cells from hPSC-derived mesoderm. Once passaged, Epi cells have the ability to undergo EMT toward smooth muscle-like and fibroblast-like cells in response to TGFB and bFGF. In the absence of an EMT-inducing signal, Epi cells acquired a cobblestone morphology and aldehyde dehydrogenase activity through the upregulation of ALDH1A2, indicating their ability to synthesize retinoic acid (Fig. 7c). Based on immunostaining, we estimate that more than 85% ($87.3\% \pm 7.1\%$ $N = 4$, s.d. of the mean) of the P-Epi population is WT1⁺ on D15. The frequency of WT1⁺ cells increased to > 90% ($94.3 \pm 5.3\%$; $N = 3$, s.d. of the mean) 8 d following passage (D16 8). Given that we observe a fivefold increase in cell numbers between D4 and D16 + 8, we estimate an output of four to five Epi cells per D4 mesoderm input cell.

DISCUSSION

This study demonstrates the efficient and reproducible differentiation of hPSCs to epicardial-like cells that display many properties of the epicardium in other species, including the ability to undergo EMT to give rise to fibroblastic and vascular smooth muscle cell types.

Our approach will enable future studies aimed at establishing the role of epicardial cells in cardiomyocyte growth and differentiation *in vitro* and in repair after cardiac injury *in vivo*. Access to stage-specific progenitors has enabled us to identify the BMP and canonical WNT pathways as key regulators of cardiomyocyte and epicardial specification from cardiogenic mesoderm (Fig. 7c). Our findings show an absolute requirement for BMP signaling for the generation of both lineages as neither develops when the pathway is inhibited. In the presence of BMP signaling, the decision to differentiate toward the cardiomyocyte or epicardial lineages is mediated by the canonical WNT pathway. The cardiomyocyte fate is specified in the absence of WNT signaling, whereas the epicardial lineage is generated by activation of the WNT pathway. Our data also suggest that these pathways act independently, as the levels of pSMAD1/5/8 were not affected by inhibition of WNT, and *AXIN2* expression did not increase following the addition of BMP4. One interpretation of these findings is that these pathways act sequentially, with BMP inducing a WNT-responsive population that displays both epicardial and cardiomyocyte potential. Whether or not these pathways do indeed act sequentially remains to be determined.

In contrast to the BMP and WNT pathways, bFGF and NODAL/ACTIVIN signaling do not play a role in epicardial specification, as the lineage can be initiated in the presence of antagonists of both pathways. In fact, FGF signaling between D4 and D6 of differentiation does not appear to be compatible with epicardial specification as addition of bFGF at this stage blocked development of the lineage. Kruithof *et al.*³³ have provided evidence that bFGF signaling promotes proliferation and mesenchymal differentiation of proepicardial organ cells in chick tissue explant cultures. These findings are not necessarily contradictory to ours, as the stage of development assayed in their study is likely most similar to the D15 P-Epi cells that we identified, a stage considerably later than the D4 mesoderm. In this regard, their observation that bFGF promotes mesenchymal differentiation is consistent with our findings that signaling through this pathway induces EMT in the hESC-derived Epi cells.

A pivotal role for BMP signaling in cardiac specification shown here is consistent with findings from studies in the mouse that demonstrate a block in heart development following the conditional knockout of *Bmpr1a* in cells expressing *Mesp1-cre*²². Additionally, the observation that inhibition of WNT signaling is required for specification of the cardiomyocyte lineage is in line with a large number of studies showing that stage-specific inhibition of the pathway is required for cardiogenesis *in vivo* and in hPSC differentiation cultures^{39–41}. A specific requirement for this pathway in the specification of epicardial fate is supported by *in vivo* studies showing that the hearts of mice lacking the Wnt inhibitors *Dkk1* and *Dkk2* have a thicker epicardium and thinner myocardium compared to wild-type littermates. The efficient generation of epicardial lineage cells, even in the presence of endogenous levels of WNT signaling or suboptimal concentrations of *DKK1* shown here, provides an explanation for the strict stage-specific requirement for inhibiting this pathway for generating cardiomyocytes and suggests that under suboptimal conditions cultures may be contaminated with epicardial cells or EPDCs.

Similar to the epicardium *in vivo*, the hPSC-derived epicardial cells can undergo EMT *in vitro* and give rise to cells that display characteristics of fibroblasts and vascular smooth muscle cells. Cardiac fibroblasts are necessary for proper cardiomyocyte alignment⁴², electrical propagation⁴³ and extracellular matrix deposition⁴². They are also one of the primary cell types involved during cardiac remodeling following injury¹⁶. Given the function of these cells *in vivo*, it is likely that they will play an important role in the development of engineered

heart tissue constructs designed to create functional myocardium *in vitro*. In addition, as the epicardium is the primary source of coronary vascular smooth muscle cells, it is possible that the smooth muscle-like cells generated from the hESC-derived epicardial cells do represent this population. Access to these cells from epicardial progenitors could have clinical implications as alterations in the function of the vascular smooth muscle population is thought to be important in the development of atherosclerotic plaques^{44,45}. The generation of patient-specific smooth muscle cells through this approach will provide a model system to study the early changes associated with atherosclerosis and cardiovascular disease.

In summary, the findings presented here identify critical signaling pathways that regulate the specification of the cardiomyocyte and epicardial lineages from hPSC-derived mesoderm. With these insights, it is now possible to efficiently generate epicardial lineage cells from hPSCs, enabling us to define, in detail, their role in cardiac development, proliferation and maturation *in vitro*. Additionally, it will now be possible to investigate their function following transplantation into experimental animals *in vivo*, similar to the strategy used to test the effect of adult heart-derived EPDCs^{46,47}.

METHODS

Methods and any associated references are available in the [online version of the paper](#).

Note: Any Supplementary Information and Source Data files are available in the online version of the paper.

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AUTHOR CONTRIBUTIONS

A.D.W. contributed to designing the study, designing and performing experiments, analyzing the data, and writing and editing the manuscript. A.M. contributed to designing, performing and analyzing experiments concerning calcium imaging, and editing the manuscript. R.Y.T. contributed to designing, performing and analyzing experiments concerning Matrigel invasion. S.A.F. contributed to designing, performing and analyzing experiments concerning Matrigel invasion. A.M. contributed data acquisition concerning cell quantification and editing the manuscript. M.S.S. contributed to designing experiments concerning Matrigel invasion. R.-K.L. contributed to designing experiments concerning calcium imaging. S.J.K. contributed to designing the study and editing the manuscript. G.K. contributed to designing the study, writing and editing the manuscript.

COMPETING FINANCIAL INTERESTS

The authors declare competing financial interests: details are available in the [online version of the paper](#).

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ONLINE METHODS

hPSC culture maintenance and differentiation. hESCs and hiPSCs were maintained as previously described^{21,38,48}. The hESC lines HES2 and H7 were obtained from WiCell and were determined to be mycoplasma negative by The Hospital for Sick Children Department of Paediatric Laboratory Medicine (Toronto, Canada). Sendai hiPSCs were kindly provided by Toshi Araki and Ben Neel (Ontario Cancer Institute, Toronto, Canada) and determined to be mycoplasma negative by qRT-PCR (Agilent Technologies MycoSensor qPCR Assay Kit, cat. no. 302109). Briefly, hESCs were maintained on irradiated mouse embryonic fibroblast feeders (MEFs) and feeder-depleted by passage onto plates coated with Matrigel (VWR, cat. no. 354230) for 2 d. On day 0, hESCs were dissociated and embryoid bodies were generated in StemPro-34 media (Life Technologies, cat. no. 10640019) in the presence of recombinant human (rh)BMP4 (0.5 ng/ml, R&D, cat. no. 314-BP). After 24 h, embryoid bodies were cultured in StemPro-34 supplemented with rhBMP4 (3 ng/ml), rhACTIVINA (2 ng/ml, R&D, cat. no. 338-AC), and rhbFGF (5 ng/ml, R&D, cat. no. 233-FB) to induce mesoderm formation. On day 4 of differentiation (day 3 for hiPSCs as indicated in **Supplementary Fig. 3b**), embryoid bodies were dissociated using TrypLE (Invitrogen) and plated in monolayer on gelatin-coated plates at 1×10^5 cells per well in StemPro-34 supplemented with rhDkk1 (150 ng/ml, R&D, cat. no. 5439-DK/CF), the ACTIVIN/NODAL inhibitor SB-431542 (5.4 μ M, Sigma, cat. no. S-4317) and rhVEGF (5 ng/ml) unless otherwise indicated. On day 6, media was changed to StemPro-34 supplemented with rhVEGF (5 ng/ml) and cultures were maintained in this media until day 15 of differentiation with media changes every 2 d. For experiments involving WNT signaling, CHIR-99021 (Stemgent, cat. no. 04-004), XAV-939 (R&D, cat. no. 3748 or IWP2 (R&D, cat. no. 3533) were used at the indicated concentrations. For experiments involving the inhibition of FGF signaling, PD-173074 (Tocris, cat. no. 3044) was used at 100 μ M.

Monolayer passage and EMT induction. At day 15, WT1⁺ monolayers were lifted off of the plate by treatment with collagenase B (Roche, cat. no. 11088831001) for 1 h. Monolayers were then harvested and dissociated with TrypLE and washed with IMDM. Dissociated cells were plated on Matrigel-coated plates at a density of 5×10^4 cells per well in StemPro-34 supplemented with the ROCK inhibitor Y-27632 dihydrochloride hydrate (Toronto Research Chemicals, cat. no. Y100500). After 24 h, media was changed to StemPro-34 and treated with rhTGFB1 (R&D, cat. no. 240-B) and rhbFGF as indicated. Media was changed every 2 d until analysis.

Flow cytometry and cell sorting. For cell-surface antigens, staining was carried out in PBS with 3% FCS. For intracellular antigens, staining was carried out on cells fixed with 4% paraformaldehyde in PBS. Staining was done in PBS with 3% FCS and 0.5% saponin (Sigma). Cells were stained at a concentration of 2.5×10^6 cells/ml with anti-KDR-APC (R&D Systems, cat. no. FAB357A; 1:10) and anti-PDGFR α -PE (R&D Systems, cat. no. 556002; 1:20), anti-SIRPA-PE-Cy7 (clone SE5A5; BioLegend; 1:500), anti-Podoplanin-PE (BioLegend, cat. no. 3377008, 1:200), anti-CD90-APC (BD Pharmingen, cat. no. 559869, 1:2,000), anti-PDGFR β -PE (BD Pharmingen, cat. no. 558821, 1:200), anti-CD31-PE (BD Pharmingen, cat. no. 555446, 1:10), anti-CTNT (clone 13-11; Thermo NeoMarkers; 1:400), goat anti-mouse IgG-APC (BD, cat. no. 550826; 1:200). Cells assayed for Aldefluor (STEMCELL Technologies) were prepared based on manufacturer's instructions. Incubation with the Aldefluor reagent was 45 min. Stained cells were analyzed on an LSRII flow cytometer (BD Biosciences). For FACS, the cells were sorted at a concentration of 10^6 cells/ml in IMDM/5% FCS using a FACSAriaTMII (BD Biosciences) cell sorter (SickKids-UHN Flow Cytometry Facility). Data were analyzed using FlowJo software (Treestar).

Immunostaining and microscopy. Immunostaining was performed as previously described²⁹ using the following primary antibodies: mouse anti-CTNT (Thermo NeoMarkers, clone 13-11; 1:100), rabbit anti-WT1 (Abcam Epitomics, cat. no. ab89901, 1:100), mouse anti-ZO1 (Invitrogen, cat. no. 33-8100, 1:100), rabbit anti-alpha-Smooth Muscle Actin (Abcam, cat. no. ab5694, 1:100) and mouse anti-Vimentin (Sigma-Aldrich, cat. no. V6630, 1:100). Secondary antibodies used were: donkey anti-rabbit IgG-Cy3 (Jackson ImmunoResearch, cat. no. 711-165-152; 1:300), donkey anti-mouse IgG-Alexa 488 (Invitrogen, cat. no. A21202; 1:300). DAPI (Life Technologies, SlowFade

Gold) was used to counterstain nuclei. The stained cells were visualized using a fluorescence microscope (Leica CTR6000) and images captured using the Leica Application Suite software.

Quantitative real-time PCR. qRT-PCR was performed as previously reported^{29,49}. Total RNA was prepared with the RNAqueous-Micro Kit (Ambion) and treated with RNase-free DNase (Ambion). RNA (500 ng to 1 μ g) was reverse transcribed into cDNA using random hexamers and Oligo(dT) with Superscript III Reverse Transcriptase (Invitrogen). qPCR was performed on a MasterCycler EP RealPlex (Eppendorf) using QuantiFast SYBR Green PCR Kit (Qiagen). Expression levels were normalized to the housekeeping gene TATA box binding protein (*TBP*). Primer sequences are listed in **Supplementary Table 1**.

Western blot analysis. D4 cells were harvested and treated with the indicated reagents for 30 min. Nuclear protein extracts were harvested using the NE-Per Nuclear and Cytoplasmic Extraction Kit (Thermo Scientific, cat. no. 78835) according to manufacturer's instructions. Lysates were separated by SDS-PAGE gel and transferred to PVDF membranes for immunoblotting. Immunoblots were incubated with anti-pSMAD1/5/8 (1:1,000, Cell Signaling, cat. no. 9516) and anti-Beta-actin (1:1,000, Cell Signaling, cat. no. 3700) overnight at 4 °C. Immunoblots were performed using infrared fluorescence-conjugated secondary antibodies and analyzed using the Odyssey infrared imaging system (LiCor Biotechnology).

Calcium imaging. Cells were grown to near confluence on 8-well glass chamber slides coated with Matrigel and treated according to the EMT assay. Calcium imaging was performed as previously described³⁷. Cells were incubated with 5 μ M of the membrane permeable calcium dye Fluo 4-a.m. (Invitrogen) and 0.1% (w/v) Pluronic F-127 (Invitrogen) for 35 min at 37 °C. Cells were washed with Tyrode's solution consisting of 140 mM NaCl, 4 mM KCl, 2 mM CaCl₂, 1 mM MgCl₂, 10 mM HEPES, 10 mM glucose pH 7.4. Calcium imaging was performed using an Olympus FV1000 confocal microscope with an excitation at 488 nm at 0.5% power to reduce photobleaching. Images were continuously acquired at a resolution of 512 \times 512 pixels using a 40 \times objective and were stitched together into a continuous sequence over a 12-min period. All recordings were performed using the same excitation and acquisition settings. Each recording consisted of 4-min baseline and by equivalent 4-min recording periods following the addition of 20 μ M of norepinephrine (NE, Sigma) and 15 μ M of phenylephrine (PE, Sigma). These agonists were prepared from stock concentrations and diluted in Tyrode's buffer. Three independent experiments were performed for each condition, and within each field of view, ROIs corresponding to the cytoplasmic area of independent cells were analyzed. Representative ROIs demonstrate the arbitrary fluorescence signal (F) generated as an average pixel intensity for the ROI over the course of the 12-min recording, normalized by dividing the average ROI intensity during the first minute of noncalcium cycling baseline (F/F_0). The proportion of cycling cells was determined after counting cells that exhibited at least one calcium transient and dividing by the total number of cells in the field of view. The frequency response was calculated by counting the number of cycles during each 4-min stage of the 12-min recording with a normalized fluorescence intensity (F/F_0) greater than 1.5. The summed total of the frequency response for each group represents the average number of cycles for all actively cycling cells analyzed for each group and is expressed in number of cycles per minute. The duration of calcium cycling for all active ROIs was manually calculated by determining the number of frames during which a calcium cycle spiked above baseline. The result was multiplied by the frame duration of 1.109 s. Calcium cycle duration was only measured for cycles that occurred at the start of the 4-min period corresponding to the addition of NE or PE. All data represent three independent experiments, with $n = 6-10$ cells/field, and data expressed as mean \pm s.e.m. * $P \leq 0.05$, ** $P \leq 0.01$ compared by one-way ANOVA with Tukey *post hoc* test.

Matrigel invasion assay. Growth factor reduced BD Matrigel (BD Sciences) was thawed overnight at 4 °C and 40 μ l/well was added to a 96-well plate. The plates were then centrifuged at 600 r.p.m. for 5 min at room temperature,

followed by a 30-min incubation at 37 °C. Epicardial cells derived from the HES2-GFP hESC line³⁸ were seeded on the gels at a density of 15,000 cells/well with 150 µl/well of StemPro-34 media, and maintained at 37 °C/5% CO₂. After 24 h, media was changed to StemPro-34 and treated with rhTGFβ1 and rhbFGF. The media was changed every 2 d thereafter. After 8 d, cells were imaged using confocal microscopy (Olympus). High resolution Z-stack images were taken with a 1-µm step size. For quantification of cell number and migration, Z-stacks of each gel were imaged with a 10-µm step size, and analyzed using Imaris BitPlane software. Four ROIs (317.5 µm × 317.5 µm each) within each gel were used for quantification of migration, with the distance between the highest and lowest cell taken as the migration distance per ROI. The average of the four ROIs was taken as the migration distance

per gel, with a total of four gels per treatment group. The experiment was repeated with three independent cell batches for accuracy.

Statistical analysis. All data represents three biological replicates or more unless otherwise indicated in the figure legend. Error bars represent s.e.m. and two-tailed Student's *t*-tests were performed for all analyses unless otherwise indicated in the figure legend.

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